



Into Mental Agility and Resilience



Resilience is Needed Now More than Ever



Employee
Health

77

% of employees report higher
levels of burnout

SOURCE: Deloitte 2022

Resilience is Needed Now More than Ever



Work
Relationship
Health

41

% of employees report lower levels of trust in their teams

SOURCE: Gartner HR Research June 9, 2021

Resilience is Needed Now More than Ever



Work
Environment
Health

29

% of employees report the ability
to handle change

SOURCE: Gartner HR Research June 9, 2021

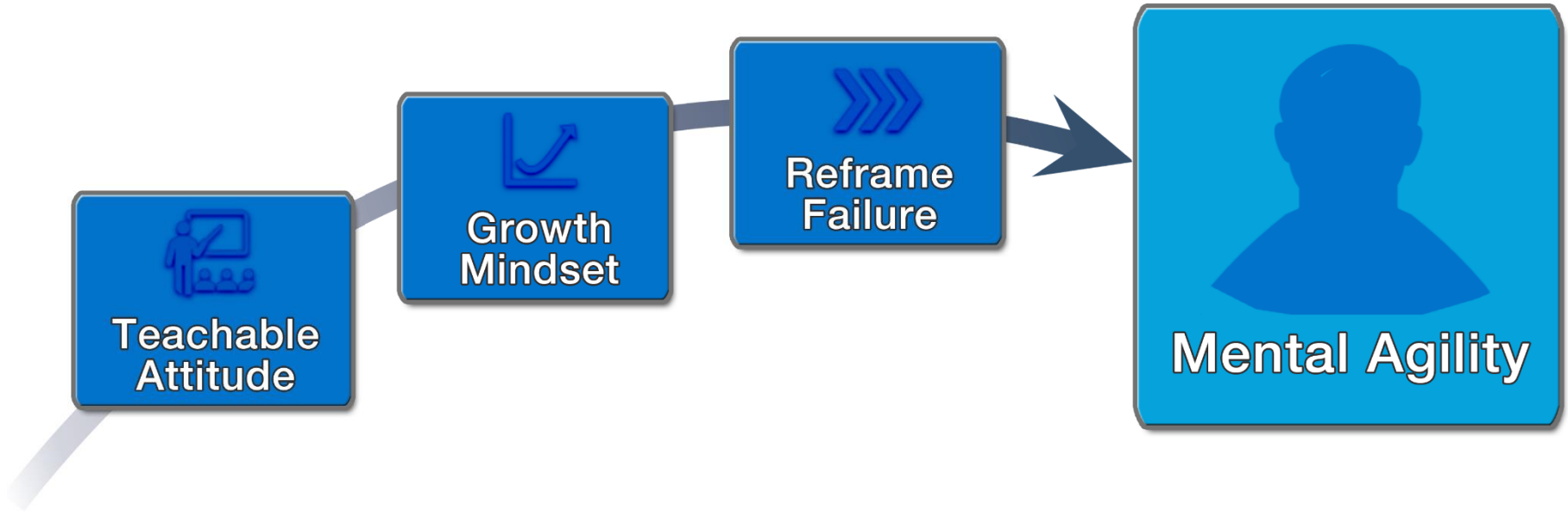
The Power of Thoughts



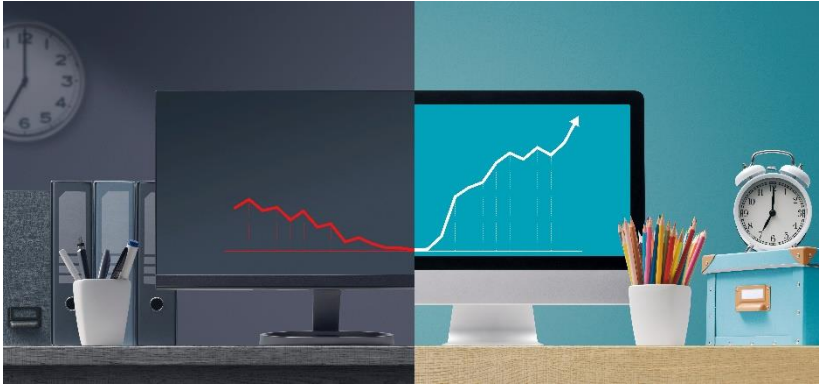
Shift Into Mental Agility and Resilience

Mental Agility

CRESTCOM®



Transforming Failure



1. How are you better at your job today because of this experience?
2. How does this failure make you feel now?

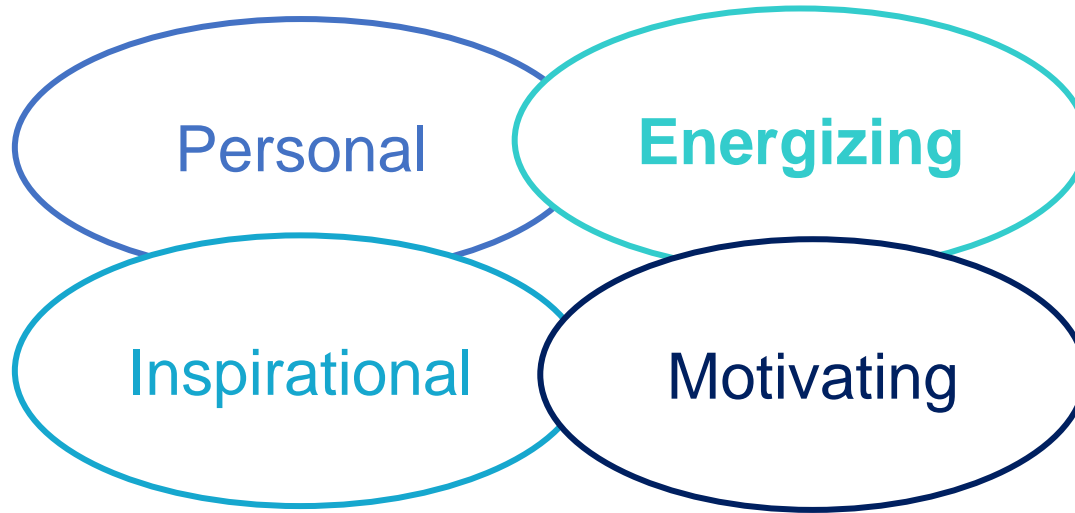
Replenishing the Resilience Reservoir



Mental Agility



Create A Resilience Alert
Provide a way to instantly begin refilling your resilience.



Mental Agility and Resilience in Teams



Employee
Health



Work
Environment
Health



Work
Relationship
Health





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interactive leadership development that produces real results